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SCIENCE SAYS



Unlikely comedic
turn for Nice Guys
metroWEEKEND

Your essential daily news | WEEKEND, MAY 20-23, 2016

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Enough.

I cannot think of any other workplace in this country in which we condone the infantile behaviour we see all too often in the House of Commons. Not even elementary schools put up with this kind of crap.



Conservative Party whip Gord Brown, left, NDP leader Tom Mulcair and Prime Minister Justin Trudeau. THE CANADIAN PRESS



Steve Rennie
Metro | Ottawa

Day in and day out our elected leaders make a mockery of democracy with the lack of respect they show each other when they resort to heckling, name-calling and — now — knocking and grabbing. It is embarrassing, and it is shameful.

Anyone who has the misfortune of following politics for a living could have told you tensions on Parliament Hill have been running high these past few weeks. Those tensions boiled over late Wednesday afternoon when Prime Minister Justin Trudeau took it upon himself to grab Conservative whip Gord Brown's arm and forcibly drag him through a crowd of New Democrat MPs, knocking into Ruth Ellen

Brosseau in the process.

I want to pause here to make an observation on what this altercation revealed to me about our prime minister's character. It takes a certain level of arrogance, and not a little narcissism, for Trudeau to decide that he would have to personally interject himself and literally drag Brown down the aisle when he saw the Opposition whip's path was being blocked. That he apparently told the New Democrat MPs to "get the f-k out of my way" suggests he saw them not as human beings, but as annoying obstacles standing in his way. These things do not reflect well on the leader of our country.

But this episode unfolded all-too-predictably when the New Democrats and Conservatives once again overplayed the outrage card. We had the NDP's Niki Ashton calling the experi-

ence "deeply traumatic" and suggesting young female MPs might not feel safe coming to work. Conservative Jason Kenney piled on, characterizing Trudeau's conduct as "increasingly dictatorial" and calling him a bully. I am not defending Trudeau's actions. They were blockheaded and wildly inappropriate. And I am not discounting the range of emotions that MPs may have felt when the prime minister briskly strode across the aisle and grabbed Brown by the arm. But the opposition parties were laying it on ridiculously thick.

I wonder what was going through former prime minister Stephen Harper's mind as he watched the whole ugly scene unfold with a bemused look on his face? Critics used words like nasty, mean-spirited and vindictive to describe his Conservative government. Say what you will about Harper (and you could say

a lot of things, both good and bad), but he never would have pulled a dumb stunt like this.

Trudeau's Liberals won the last election in part because they realized people were sick of the pettiness and ugliness that we often saw during the Harper years. They promised us "sunny ways" and a more conciliatory approach. Here we are, not even a year in, and things are as bad as they ever were. There is no better time than now to have an adult conversation about doing something — anything — to fix this broken way of doing politics. Trudeau was a schoolteacher in an earlier life. He ought to make this a teachable moment. Starting with himself.

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Parents upset by admission rules

EDUCATION

Mom starts petition in response to board letter



Braeden Jones
Metro | Winnipeg

A Winnipeg mother is gaining support through a petition to improve Kindergarten and childcare registration in her school division.

Woodhaven resident Keely Richmond's petition for "proactive and supportive policies for families with siblings and child care needs" is a response to a notice parents received from St. James-Assiniboia School Division (SJSD.)

The letter explained how the Manitoba Government had "mandated that 90 per cent of Kindergarten to Grade 3 classrooms are required to have 20 or fewer students by September, 2017."

As a response, and as the division has "very limited space," it informed parents it would be "extremely cautious with registrations for 2016/17 so as not to exceed these mandated thresholds."

That caution manifested in the division telling parents that they had to apply for new registrations within their catchment area exclusively, according to Richmond.

"In years prior, principals arranged trades to help facilitate these things, and it's now like they're not even considering



Keely Richmond, left, stands with a group of St. James parents and their kids Thursday evening. ELISHA DACEY/METRO

that," Richmond said. "Now it's like, 'you can't send your kid to this school, despite the fact you've got a child in this daycare, or a sibling (student) in this school.'"

"It's really confounding."

Her response to the issue in-

cludes three policy suggestions she will present to a SJSD Board of Trustees meeting Tuesday.

The first would ensure placements for younger siblings in the same school as older siblings—as separating siblings based on catchment numbers

"does not seem in keeping with the goal of nurturing and promoting a positive relationship with families," Richmond said.

The second policy would see childcare centres considered as part of the existing catchments, and the third would

formally recognize that relationship between younger childcare facilities and schools.

Superintendent Brett Lough said the division has seen the 2017 deadline for K-3 class size compliance coming, and is just moving into position to ensure



We certainly aren't in the business of trying to separate families.

Brett Lough

it follows the law.

"We have to sort of be ahead of the game," he said. "We've been doing this for a number of years now so by 2017 our class sizes are compliant."

He said the principal's priority is first ensuring all in-catchment students have spots, and once that's the case there's some wiggle-room to move kids around from out-of-catchment, which parents would learn the status of by June 27.

"There will be some parents informed towards the end of June kids will get in (where they wanted), others will be told they have to go back to their in-catchment school," he said.

Lough called the situation of number-watching "tricky," and said he does sympathize with Richmond and parents wanting to keep their kids in the same schools.

"We certainly aren't in the business of trying to separate families," he said. "I believe parents should be advocating for their children, and (the board meeting) is an opportunity for trustees to hear that message. If they can do something about it, they certainly will try."

There were 147 supporters for Richmond's petition at press time Thursday.



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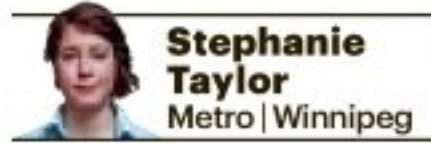
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HUDSON'S BAY

Pride to march into Steinbach

LGBTQ ISSUES

Organizers say there are allies within the community



Stephanie Taylor
Metro | Winnipeg

A conversation that began with how to better support Steinbach's LGBTQ community led to the city's first-ever Pride march taking place this summer.

Michelle McHale is a human resources director for Pride Winnipeg and spokesperson for a group based in the South-eastern Manitoba city.

Several months ago, she says community members reached out to the organization to help coordinate a pride event.

"It was really important for the LGBTQ community to know they're not alone," she said on Thursday.

Characterizing the sidewalk march scheduled to take place on July 9 as history-making



While the Pride festivities in Steinbach will remain small, the Winnipeg community will be supporting it.. PRIDE WINNIPEG

isn't a far stretch, McHale said.

She points to the recent controversies around policies in the Hanover School Division that prevent teachers from discussing sexual orientation and gender identity to students.

McHale and a student made headlines after formally asking the school division to change its policies.

A few years earlier, members of the community also mounted in opposition to provincial Bill 18, which in-

cluded a clause that schools would have to accommodate requests for gay-straight alliances to be established.

She said although the city carries a reputation for being closed-minded, there are allies for its LGBTQ residents, and

"It was really important for the LGBTQ community to know they're not alone."

Michelle McHale

others who believe it is time to be more inclusive.

"Steinbach has an opportunity to show the rest of the country they're progressing," said McHale.

Potential backlash from the community is always a concern whenever there is a first-time event, she explained, but says there will education provided about LGBTQ rights and issues.

If you wait until everyone agrees with an idea or way of life than you might wait around forever, McHale explained. "Not everyone will be happy."

The July 9 march will see a crowd gather at Steinbach United Church, and walk down the sidewalk to city hall, where there are plans to hold a rally.

UNIVERSAL DESIGN

Bowman touts new bathrooms

Winnipeg's mayor says ensuring there are bathrooms in city buildings that people of all gender identities feel comfortable using is underway.

Brian Bowman told reporters that when the city renovates a building, such as the Pan Am Pool, a bathroom is built beyond the traditional male and female washrooms. "My understanding is we are introducing those bathrooms. We already have, and we're continuing to look at introducing gender-neutral bathrooms when we make upgrades," he said.

"Some people refer to them as family bathrooms, but bathrooms where they are open to any gender."

A follow-up sent from the mayor's office referred to policy on accessibility design standards, which was updated last year to mandate one universal toilet room be built in new or renovated civic buildings.

"A separate individual washroom is advantageous for several reasons, not the least of which is its accessibility by all genders," spokesperson Johnathan Hildebrand wrote. STEPHANIE TAYLOR/METRO



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5

THINGS TO DO OVER THIS LONG WEEKEND

Plan on kickin' it back in Winnipeg for the first long weekend of the year? Don't worry, there's plenty to do. Here are five sure bets for the weekend.



PHOTO: ASSINIBOINE PARK ZOO

1 Dinos Alive at the Zoo

Take to your family to make new prehistoric friends at the Assiniboine Park Zoo with the opening of Dinosaurs Alive this Saturday. The travelling exhibit features 15 animatronic species of dinos, including some recent discoveries. Those who are a bit on the jumpy side, be warned, these giant lizards move and roar! The exhibit will run until September long weekend, and is included with the regular cost of zoo admission.



PHOTO: THINKSTOCK

2 FortWhyte Alive

Organizers call the annual event a cabin in the city for those Winnipeg locals without lakefront property. Open Saturday, Sunday and Monday from 10 a.m.-5 p.m., visitors are invited to take in a number of free family-friendly activities, ranging from archery and kids' crafts, to an interpretive hike and guided bike ride.



PHOTO: WAG

3 Retrospective of Oviloo Tunnillie

The gallery welcomes you to take in some Inuit art this weekend with the opening of the first retrospective dedicated to the work of late sculptor Oviloo Tunnillie. The gallery hails Tunnillie as a prolific artist from the Canadian Arctic. Her work ranges in subject matter from animals and birds, to stone creations that explore social issues and her own life story. The show runs May 21 to September 11.



PHOTO: MICAH EREBERG BAND

4 Micah Erenberg Band

Those in the mood for some live music should head down to The Goodwill Social Club this Saturday night to catch homegrown acts the Micah Erenberg Band, with Basic Nature and Animal Teeth. Together, these prairie groups will perform a show that features a blend of slow and rocky pop, mixed in with a bluegrass twang. Doors open at 9 p.m., show starts at 10 p.m. Advanced tickets are \$10.



PHOTO: MANITO AHBEE

5 Manito Ahbee

One of the world's largest powwows happens right in the middle of downtown Winnipeg at MTS Centre this weekend, attracting visitors and participants from around the world. The festival has already started and wraps up May 22, and will also feature the celebrated Indigenous Music Concert. For more information visit manitoahbee.ca.

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Pop-up party celebrates city

BEST OF FEST DOWNTOWN

Federal Liberal biennial, Centrallia spur big event

Braeden Jones
Metro | Winnipeg

Winnipeg is expecting thousands of visitors next week, so the Downtown BIZ is rolling out the red carpet with a pop-up party.

When both the Centrallia networking forum and the federal Liberal party's biennial convention flood downtown with delegates from across the country, the BIZ is responding with a "Best of Fest Downtown" event May 27.

"We want to ensure their perceptions of downtown are positive when they leave," said BIZ spokesperson Jason Syvixay. "They're coming to our city to do business, meet, talk about their own initiatives... but when you travel you're exploring neighbour-



Winnipeggers take part in ManyFest, one of several festivals to be held downtown this summer. DOWNTOWNWINNIPEGTRENDS.COM

hoods, too."

That's why the Best of Fest event offers a taste — literally — of what Winnipeg has to offer.

The pop-up event will feature 10 food trucks and 15 farmers' market vendors, because "Winnipeggers love food trucks."

It will also feature buskers, visual art on giant screens on Carlton Street between Broadway and York Avenue, and a main stage will be occupied

by DJ A.O.K.S and Vikings, to name a few.

"(It's) showing delegates there is something positive, active and animated happen-

“

(It's) showing delegates there is something positive, active and animated happening on the street level in downtown Winnipeg.

Jason Syvixay

ing on the street level in downtown Winnipeg," Syvixay said.

In addition to the festival, the Downtown BIZ customer service team will provide a visible presence to keep things clean, provide safe walks, offer directions to restaurants and other things worth checking out.

Syvixay said that the pop-up party will put the downtown's best foot forward for its guests, promote and showcase what the city has to offer, and preview what's to come in the summer months for Winnipeggers.



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Chase ends with gunfire

PORTAGE LA PRAIRIE

RCMP says man shot after being stopped by officers

Manitoba RCMP say an officer shot a suspect after pursuing an erratic driver west of Winnipeg.

Sgt. Bert Paquet said the officer got a report of a potentially dangerous driver and quickly spotted the vehicle near Portage la Prairie.

Paquet said the driver, a 30-year-old Winnipeg man, refused to pull over and had to be stopped by the RCMP vehicle.

He said shortly after the Mountie shot the driver, who suffered non-life-threatening injuries and was taken to hospital.

The officer wasn't hurt. Paquet wouldn't say what prompted the shooting but says a firearm was found in the suspect's car.

"This is a worst-case scenario for any of us," Paquet said



Thursday.

"Starting a shift, you do not expect to use your firearm," he added. "It is always the last thing you want to do, but there are some situations that just dictate a response like this."

The shooting is being reviewed by the Independent Investigation Unit of Manitoba.

Paquet said RCMP have not yet laid charges against the driver.

THE CANADIAN PRESS



At left, officers investigate the scene near Portage La Prairie where a Mountie shot a man at the conclusion of a high-speed chase. An unmarked police cruiser is parked to their right. Above, all three vehicles involved in the crash can be seen. Below, emergency personnel attend to one of the vehicles.

COURTESY PORTAGEONLINE/MIKE BLUME



IN BRIEF

Suspected bus flasher sought by police

Police are seeking a man they believe exposed himself after boarding a Winnipeg Transit bus near Main Street and St. Mary Avenue shortly before 7 p.m. on April 30.

The man, a Caucasian of average build between 45 and 55, walked to the back of the bus "in close proximity to a child."

Anyone with information is asked to call 204-986-2877.

Body found near golf club

Selkirk RCMP are investigating after a body was found Wednesday evening, in the river just off Selkirk Golf and Country Club.

A prepared statement said the body, believed male, was "in a state of decomposition."

An autopsy is set for Thursday. METRO



Screen grab of suspect
WINNIPEG TRANSIT

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PM Justin Trudeau walks to the opposition side of the House of Commons as NDP MPs attempt to stall Conservative whip Gord Brown from taking his seat for a vote.



Trudeau grabs Brown's arm and tries to pull him through the crowd.



While pulling Brown, the PM elbowed NDP MP Ruth Brosseau, who was standing behind him. Brosseau is seen wincing and falling over a nearby desk.



The PM walks back to his side, as some applaud his intervention.



Appearing to be following Brosseau, Trudeau walks back to the opposition side, where he is met by an angry Thomas Mulcair.



Trudeau speaks to the MPs while Mulcair begins shouting and pointing at the prime minister.



NDP MP Nathan Cullen steps between Trudeau and Mulcair. The House is in an uproar.

PM contrite after Parliament scuffle

POLITICS

Motion 6 delayed after #elbowgate controversy

The morning after Prime Minister Justin Trudeau barged swearing into a knot of Opposition MPs, grabbing one and elbowing another to hurry up a vote, he made very public displays of personal contrition.

Trudeau appeared at an MPs prayer breakfast to read aloud a scripture of his choice, Romans 12, that counsels: don't think

you are better than you really are. Then the prime minister delivered an abject apology in the House of Commons.

The prime minister said he would willingly accept a committee's decision on his behaviour. But he was non-committal faced with Opposition fury and calls for him to withdraw a controversial and provocative motion that was the backdrop of the Wednesday night scuffle. Known as Motion 6, it would have given the Liberal government unilateral control over the parliamentary agenda as it scrambles to push through its bills.

Trudeau's longtime friend and House leader Dominic Le-

blanc withdrew the motion he'd insisted was necessary just the day before. Leblanc offered to cooperate with the Opposition to extend debate time so all MPs could speak to the assisted death bill, and said the government still wanted to try to meet the June 6 deadline imposed by the Supreme Court of Canada.

However, it was clear after the Commons wasted nearly four days in procedural wrangling, dust-ups, insults and apologies, that Parliament is unlikely to meet the deadline to legislate in response to the high court's Carter v. Canada decision that decriminalizes physician-assisted death for competent adults.

Government whip Andrew Leslie said late Thursday the Commons will not deal with the assisted dying bill until after next week's scheduled parliamentary break. As it stands, the government won the vote, after the scuffle, to allot only two more days of debate to the bill before it goes to the Senate.

Trudeau's behavior left Opposition members with a bitter taste. Conservatives and NDP MPs suggested Trudeau was "bullying" and had an anger-control problem. Conservative whip Gord Brown said he told the prime minister "he should NOT have gotten out of his seat."

TORSTAR NEWS SERVICE



THE EVENTS LEADING UP TO #ELBOWGATE

Prime Minister Justin Trudeau's latest MP-grabbing, MP-elbowing incident is the culmination of a series of heated exchanges in the House of Commons. Here is what led to #elbowgate on Wednesday night.



Lucy Scholey
Metro | Ottawa

APRIL 14: The Liberal government tabled the long-awaited Bill C-14, the assisted suicide legislation, in the House of Commons.

MAY 4: Opposition MPs accused the Liberals of stomping on their rights, after the government shortens debate on the assisted dying bill to meet a Supreme Court of Canada deadline on June 6. The opposition argued for more debate time.

MAY 4: During a press conference, the prime minister accused opposition members of stalling electoral reform. But Trudeau apologized the next day, after Conservative MP Scott Reid said the story was "invented and patently false."

MAY 16: Opposition MPs surprised the Liberals with a vote on the government's Air Canada legislation. There were not enough Liberals in the house at the time of the vote (the NDP was expected to move motions on the bill, but then didn't), so the speaker had to break a tie. After it narrowly passed, some Liberals accused the opposition of pulling a "procedural stunt."

MAY 18: Liberal House Leader Dominic LeBlanc tables "Motion 6," which would give the prime minister and cabinet power over parliamentary proceedings. Conservative House Leader Andrew Scheer called the move undemocratic.

MAY 5: Conservative MP Blake Richards accused Prime Minister Trudeau of sticking out his tongue in the House of Commons during question period. The alleged tongue thrust allegedly occurred following a fellow Conservative MP's question about infrastructure funding. So far, there's no footage of this ever happening.

MAY 18: NDP MPs stood in the path of Official Opposition whip Gord Brown before a time allocation vote on the assisted dying bill. An annoyed Trudeau walked across the room, grabbed Brown and walked him to his seat so the vote could proceed. In doing so, he elbowed NDP MP Ruth Ellen Brosseau. He later apologized three times.

MAY 19: It was decided that #elbowgate will be reviewed by an all-party committee. The Liberals also withdrew Motion 6.

Tank-top tiff may go to court

HUMAN RIGHTS

Gym says that outfit was not as modest as woman claims



Joe Lofaro
Metro | Ottawa

The tank-top tiff could be headed for the courts.

Jenna Vecchio, the Ottawa woman whose gym told her that her breasts were too large for her tank top, says she is now exploring her legal options.

The trouble began last week-end when a female staff member at the Orleans Movati told Vecchio her outfit was making

other gym-goers uncomfortable. She was told she could come back and finish her workout — as long as she wore a T-shirt.

Vecchio wrote about her experience on Facebook and posted a photo of what she was wearing. That post quickly went viral.

The episode has since garnered worldwide attention, with media outlets such as Cosmopolitan and the New York Daily News in the United States to The Mirror and The Independent in the United Kingdom picking up her story.

Movati says it looked into the matter and stands by its actions. The gym also raised questions about Vecchio's outfit that day.

"While it may not have been intentional, Ms. Vecchio's attire was not as modest as she has suggested via the images she



Jenna Vecchio says she was wearing this outfit when she was rebuked. JOE LOFARO/METRO

shared recently on Facebook and through media interviews, and caused multiple members to feel uncomfortable and voice their concerns to our staff," Movati said in a statement.

"Following Ms. Vecchio's own social media postings on this matter, we conducted a thor-

ough investigation which included first-hand accounts from members and other staff, and a follow-up meeting with Jenna herself, who seemed to leave the facility feeling as though she had expressed her position. Upon conclusion of our interviews, we stand by the original decision that confirms that Ms. Vecchio was dressed inconsistently with our code of conduct."

Vecchio now says she plans to meet with an Ottawa human-rights lawyer in the next few days to explore her options.

She says she is further offended and humiliated by the gym's claim that her clothes were "not as modest" as she claims. She also disputes that she was wearing her tank top any differently than in her Facebook photo.

FORT MCMURRAY

Huge wildfire crosses into Saskatchewan

The Fort McMurray wildfire that's been described as a beast has now spread into Saskatchewan, but officials say there's no imminent threat to any community.

The massive fire, which has grown to 5,000 square kilometres, has burned nearly eight

square kilometres into Saskatchewan. Emergency management commissioner Duane McKay said it is still about 30 kilometres away from La Loche, the nearest Saskatchewan community.

"La Loche is situated against a lake, there's old burns to the

north as well, so we don't see a direct fire threat to La Loche," McKay said Thursday.

But he said people should keep in mind that the wildfire has been "completely unpredictable."

"It was anticipated to be in Saskatchewan just over a week

ago and it stalled out. It is now moving again, but weather forecasts are indicating that should slow," he said.

Fires near La Loche last year mean there's less brush and trees to burn as the Fort McMurray fires advance. THE CANADIAN PRESS

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Authorities suspect terrorism in crash

CAIRO, EGYPT

Plane vanished from radar at 2:45 a.m., officials say

An EgyptAir jetliner en route from Paris to Cairo with 66 people aboard swerved wildly in flight and crashed in the Mediterranean Sea early Thursday, authorities said.

The Canadian government says two Canadian citizens were among the passengers. Foreign Affairs Minister Stéphane Dion says officials are working closely with authorities to confirm whether there were any additional Canadians on board.

Egyptian and Russian officials said it may have been brought down by terrorists.

There were no signs of survivors.

EgyptAir Flight 804, an Airbus A320 with 56 passengers



Relatives of passengers on an EgyptAir flight that crashed grieve as they leave the in-flight service building where they were held at Cairo International Airport in Egypt. THE ASSOCIATED PRESS

and 10 crew members, went down about halfway between the Greek island of Crete and Egypt's coastline, or around 175 miles offshore, after takeoff from Charles de Gaulle Airport, authorities said.

Greek Defence Minister Panos Kammenos said the plane spun all the way around

and suddenly lost altitude just before vanishing from radar screens around 2:45 a.m. Cairo time (12:45 a.m. GMT).

He said it made a 90-degree left turn, then a full 360-degree turn to the right, plummeting from 38,000 to 15,000 feet. It disappeared at about 10,000 feet, he said. There were no

+ CANADIANS

Two Canadians were aboard Flight MS804E, according to Foreign Affairs Minister Stéphane Dion said in a statement.

"On behalf of the Government of Canada and all Canadians, our thoughts are with the families and loved ones of the victims," Dion wrote the statement.

The airline earlier said that Marwa Hamdy was the lone Canadian on board.

TORSTAR NEWS SERVICE

reports of stormy weather at the time.

Egyptian and Greek authorities in ships and planes searched the suspected crash area throughout the day for traces of the airliner or its victims, with more help on the way from the U.S., Britain and France. THE ASSOCIATED PRESS

FLIGHT 804

Donald Trump makes comment quickly



Donald Trump speaks at an event Thursday in New Jersey. MEL EVANS/THE ASSOCIATED PRESS

Donald Trump was quick to brand the crash of an EgyptAir flight as "terrorism," while the airline urged the media to refrain from speculating about the cause of the crash.

"Looks like yet another terrorist attack," Trump tweeted early Thursday morning. "Airplane departed from Paris. When will we get tough, smart and vigilant? Great hate and sickness!"

At the time Trump's comments were tweeted out, there had not been any evidence pre-

sented that Flight 804 had been targeted by terrorists.

The flight was heading from Paris to Cairo with 66 passengers and vanished after entering Egyptian airspace.

The crash received blanket coverage in France, where terrorism is a sensitive topic.

French media reported that the country's president, Francois Hollande, held an emergency meeting on Thursday.

Fifteen of the passengers on Flight 804 were French citizens. Other victims included

two Canadians, 30 Egyptians, two Iraqis, one Briton, one Kuwaiti, one Saudi, one Sudanese, one Chadian, one Portuguese and one Belgian.

"A crisis cell has been opened at our embassy in Cairo in Egypt," the French foreign minister tweeted on Thursday. "We have begun to mobilize our resources and have made ourselves available to the Egyptian authorities — with military aircraft and vessels — to help in the search for this plane."

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TRAFFICKING VULNERABLE MIGRANTS TARGETED Afghan refugee children play outside a tent in a refugee camp in Malakasa, Greece. The European Union says traffickers are using Europe's migrant crisis to target certain types of people, often for sexual exploitation, with Nigerian girls and women among the most vulnerable. GETTY IMAGES/ THE ASSOCIATED PRESS

Girl escapes Boko Haram

BRING BACK OUR GIRLS

Celebration in Nigeria renews push to save remaining 218

The first Chibok teenager to escape from Boko Haram's Sambisa Forest stronghold was flown to Abuja on Thursday and met with Nigeria's president, even as her freedom adds pressure on the government to do more to rescue 218 other missing girls.

The 19-year-old, who was 17 when she was kidnapped, was shielded from journalists when she arrived at the presidential villa, with her mother carrying her 4 month-old baby. Television cameras and photographers were allowed in briefly afterward to register images of the woman with President Muhammadu Buhari, who made no comments to reporters waiting outside.

"Of course she has to go

through counselling and she has to return to school," Kaduna state Gov. Nasir el-Rufai told reporters at the presidential residence. "We are grateful to the almighty God that one of the Chibok girls is safe and sound, (though) traumatized."

The Bring Back Our Girls movement called a rally Thursday evening to celebrate. The movement, which inspired a worldwide social media campaign using the hashtag #BringBackOurGirls that reached out to U.S. First Lady Michelle Obama, has met faithfully every week at Abuja's Unity Fountain to demand the government act more aggressively to rescue the Chibok girls.

Aid workers said the young woman should be getting medical care instead of making public appearances.

"It is an outrage!" Francisca Vigaud-Walsh, women and girls' advocate at Refugees International said, adding her case should not be politicized.

THE ASSOCIATED PRESS

HUNGER STRIKE ENDS

Palestinian held without charges freed from jail

The Israeli military says a Palestinian prisoner who ended a 94-day hunger strike in February has been released to his home in the West Bank.

It says Mohammed al-Qeq was freed on Thursday.

Al-Qeq went on hunger strike in November to win release from administrative detention, a practice that can keep some prisoners in custody without charges for an indefinite time. Israel says it is an important security tool to deter militant attacks.

THE ASSOCIATED PRESS

REPRODUCTIVE RIGHTS

Oklahoma passes bill blocking abortion

Oklahoma lawmakers have moved to effectively ban abortion in their state by making it a felony for doctors to perform the procedure, an effort the bill's sponsor said Thursday is aimed at ultimately overturning the U.S. Supreme Court's 1973 decision that legalized abortion nationwide.

The bill, which abortion rights group Center for Reproductive Rights says is the first of its kind in the nation, also would restrict any physician

who performs an abortion from obtaining or renewing a licence to practice medicine in Oklahoma.

It passed 33-12 Thursday with no discussion or debate; a handful of Republicans joined with Democrats in voting against the bill sponsored by Republican Sen. Nathan Dahm. Oklahoma Gov. Mary Fallin, an anti-abortion Republican will withhold comment until her staff has time to review it, Fallin spokesman Michael

McNutt said.

Dahm made it clear that he hopes his bill could lead to overturning Roe v. Wade.

"Since I believe life begins at conception, it should be protected, and I believe it's a core function of state government to defend that life from the beginning of conception," said Dahm, R-Broken Arrow.

But abortion rights supporters — and the state's medical association — have said the bill is unconstitutional. Sen.

Ervin Yen, an Oklahoma City Republican and the only physician in the Senate, described the measure as "insane" and voted against it.

"Oklahoma politicians have made it their mission year after year to restrict women's access to vital health care services, yet this total ban on abortion is a new low," Amanda Allen, an attorney for the New-York based centre said in a statement.

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Yellow fever not yet a global emergency

DISEASE

Outbreak in Africa still very 'serious': WHO

The World Health Organization says the ongoing outbreak of yellow fever in central Africa is "serious and of great concern" but does not warrant being declared a global emergency.

On Thursday, the U.N. health agency convened an expert committee to consider whether the epidemic of yellow fever, an acute hemorrhagic disease, qualifies as an international health emergency. That is defined by WHO as an "extraordinary" event with the potential to cross borders and requiring immediate action.

After deliberating for several hours, the committee's chair, Oyewale Tomori, announced that although yellow fever does not meet the conditions for being an international health emergency it requires "intensified control measures" includ-



A health worker injects a young boy with yellow fever vaccine in Seguela in northern Ivory Coast. THE ASSOCIATED PRESS

ing better surveillance and vaccination policies.

The current yellow fever outbreak, first identified in Angola last December, has sickened more than 2,000 people and killed nearly 300. The mosquito-spread disease has also been exported to Congo, Kenya and China.

There is no known treatment for yellow fever, but there is a vaccine, although global stocks

are limited.

Some experts called WHO's decision not to declare a global emergency a mistake.

"Why should we have to wait until the crisis is right upon us before we act?" asked Michael Osterholm, an infectious diseases expert at the University of Minnesota. "Africa is like a gas can waiting for the yellow fever match to hit it."

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Edible six-pack ring helps save ocean life

INNOVATION

Product made of barley, wheat left over after brewing

A Florida microbrewery has created an edible six-pack ring to help prevent harm to local marine life by feeding ocean critters.

Saltwater Brewery, based in Delray Beach, Fl., commissioned the design of a biodegradable, compostable and edible six-pack ring made of barley and wheat left over from the brewing process.

The brewery claims it is the first-ever product of its kind.

Around the globe, 100 million sea birds and 100,000 sea mammals and marine turtles are trapped by six-pack rings each year, said marine biologist Mark Tokulka in a promotional video for the new product.



Saltwater Brewery in Florida claims its edible, biodegradable and compostable six-pack ring for its beer is the first-ever product of its kind. YOUTUBE.COM

Even cut-up plastic rings can hurt marine life, by being eaten and getting lodged in their stomachs. The Saltwater Brewery rings, however, can be digested safely, the brewery says.

The rings are as durable as the plastic variety.

But they are a little more

expensive.

"It's a big investment for a small brewery created by fishermen and surfers and people who love the sea," said Peter Agardy, head of branding for the company, in the video.

The brewery hopes that its competitors will adopt the

technology, which will drive the price of manufacturing down.

"We hope to influence the big guys," said company president Chris Goves in the video. "And kind of inspire them to get on board."

TORSTAR NEWS SERVICE

TRANS MOUNTAIN PROJECT

Pipeline approved with 157 conditions

The National Energy Board says the contentious \$6.8-billion Trans Mountain pipeline expansion is in Canada's best interests, despite increased greenhouse gas emissions and threats to killer whales off British Columbia's coast.

The federal regulator issued its long-awaited report on Thursday after a two-year debate that cost

millions, galvanized aboriginal and environmental protests and prompted mass arrests. The board recommended Ot-

tawa approve Kinder Morgan Canada's proposal subject to 157 environmental, safety and financial conditions, including holding \$1.1 billion in liability coverage and detailing its plans to protect endangered species.

"Given that there are considerable benefits nationally, regionally and locally, the board found that the benefits of the project would outweigh the residual burdens," Robert Steedman, the board's chief environmental officer, said.

"Accordingly, the board concludes that the project is in the Canadian public interest."

Kinder Morgan wants to triple the capacity of its existing Trans Mountain pipeline, which carries diluted bitumen from oilsands near Edmonton to Burnaby, B.C. for export. The expansion would bring capacity to 890,000 barrels a day and

increase tanker traffic in Burrard Inlet seven-fold.

The positive recommendation has cleared a major hurdle for the project, with Prime Min-

ister Justin Trudeau's cabinet set to make a final decision by the end of the year.

Environmental groups said they weren't surprised by the decision.

"This is exactly what we expected from the National Energy Board, an industry-captured regulator that never met a pipeline it didn't like or environmental impact it couldn't ignore," Larissa Stendie of the Sierra Club said in a statement.

THE CANADIAN PRESS

The project is in the Canadian public interest.

Robert Steedman

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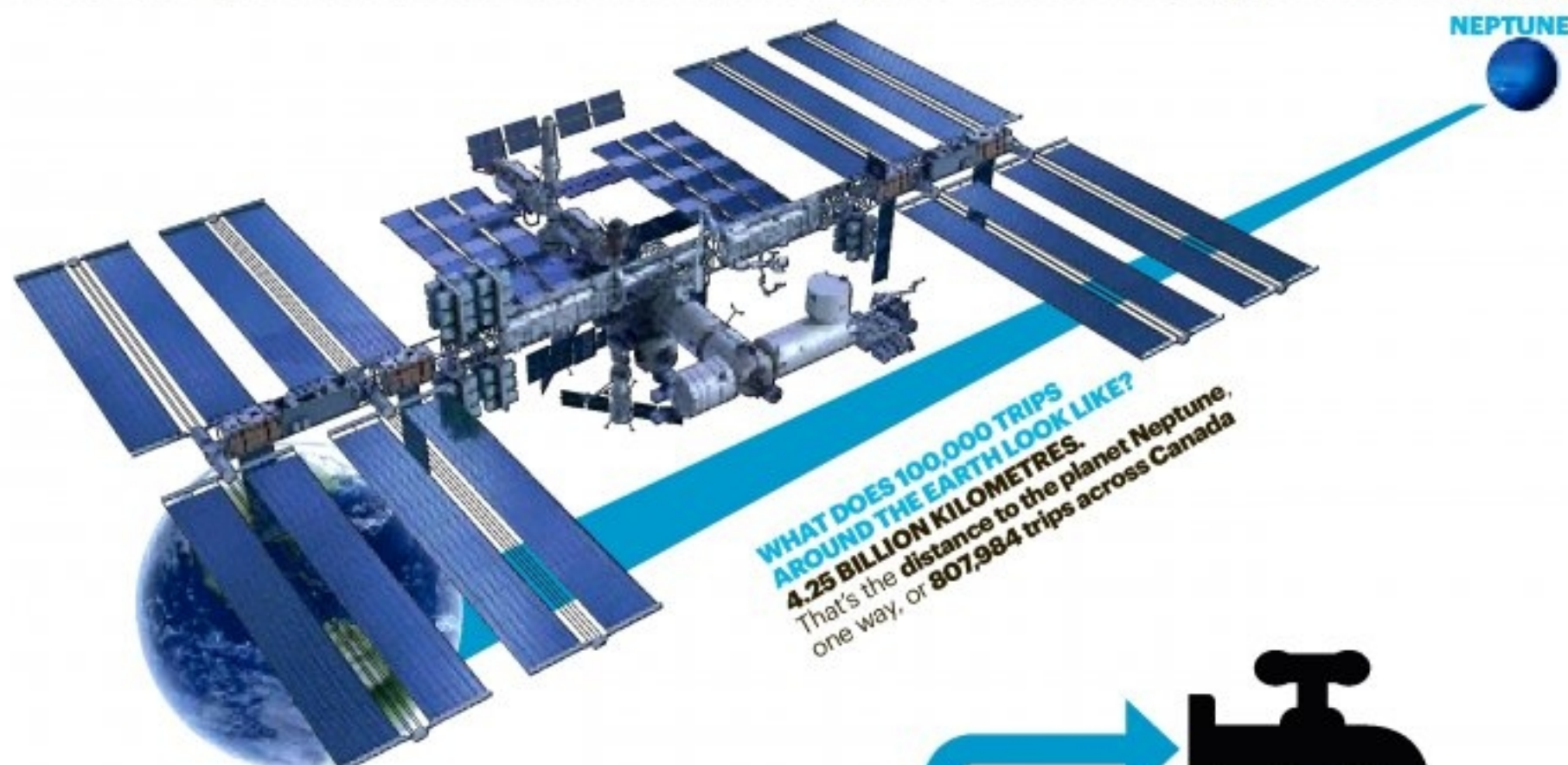
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RETRO SOUND
A horn invented 2,000 years ago in Ireland is still used in Indian folk music – further evidence of an international Iron Age jam band.

DECODED International Space Station

HAPPY 100,000 ORBITS, ISS!

It's too many candles to fit on a cake, but the International Space Station has reached a cosmic milestone: On May 16, it marked **100,000 trips around the sun** since its launch in November 1998. The 16-country, \$100-billion collaborative science lab in the sky is a feat of modern science and engineering. But how much do you know about the International Space Station? **Test your knowledge.**



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SPACE STATION STATS



Length

As long as one and one-fifth of a hockey rink (73 metres)



Speed

Fast enough to fly across Canada in 12 minutes (28,000 kilometres/hour)



Weight

As heavy as 600 large moose (408,000 kilograms)

GRAPHICS: ANDRÉS PLANA/METRO

WHAT HAPPENS TO YOUR PEE ON THE SPACE STATION?

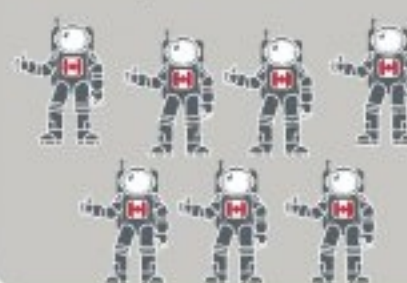
It's drunk by one of your crewmates (purified, of course!). Canadians use 250 L of water each per day on Earth, but astronauts scrimp, taking sponge baths and using a toilet that flushes with air. **93% of water onboard the ISS is recycled** using a high-tech spinning distiller. That includes astronauts' sweat and the bodily waste of the station's large colony of lab mice. Yummy!

NEPTUNE

COMING SOON (TO SPACE) IN NOV. 2018



David Saint-Jacques will be the eighth Canadian to board the International Space Station, for a six-month mission. Saint-Jacques is an engineer, medical doctor and Ph.D. astrophysicist. You'll need a pedigree like that if your dream is to be an astronaut — unless you have north of \$35M US, which Canada's one and only space tourist, Cirque du Soleil CEO Guy Laliberté, reportedly paid to visit the ISS for 10 days in 2009.



FINDINGS Your week in science



HOLY HEALTHY

The secret to whole-body health may be in your knees. In a study of 74,000 American female nurses in JAMA Internal Medicine, those who attended religious services more than once per week were 33 per cent less likely to die during the 16-year follow-up period. Devotion may be linked to less smoking, social support and a sunny outlook.

SNEAKY ZIKA

The Zika virus blocks the action of defender proteins called interferons, which stop viruses from making copies of themselves. That leaves Zika free to multiply, wreaking havoc on developing brains.

SOUND SMART

ALBEDO

DEFINITION

Albedo is a measure of how much light a surface reflects. Usually, it's the fraction of **shortwave radiation** (a.k.a., sunlight) that is reflected from the Earth's surface back up into space.

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Luis's bald spot must have an extremely high **albedo**. It's reflecting almost 100 per cent of the light that hits it. It's blinding me!

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Find out why they're so angry

ANGRY BIRDS

Those annoyed avians feel betrayed by their frenemies

Richard Crouse

For Metro Canada



Are you among the 200 million people that play Angry Birds on your smartphone? If so you're in good company.

Angelina Jolie, Jack Black and Jon Hamm are fans and British Prime Minister David Cameron has admitted to being "mildly addicted" to the game. Since December 2009, folks have been flinging flocks of birds at pig's fortresses, downloading more than 3 billion versions of the app.

This weekend the Angry Birds game takes the next logical step, catapulting onto the big screen with their very own movie.

Jason Sudeikis, Josh Gad and Maya Rudolph star in The Angry Birds Movie, a story that tells us why the annoyed avians — like flock leader Red Bird, Bomb the Black Bird and Slingshot Stella the Cockatoo — are so angry.

Turns out they feel betrayed by the tittering piggies that pretend to be their friends but are really only interested in stealing their eggs. Cue the catapults and



Jason Sudeikis, who voices Red, is among the actors lending their vocal talents to The Angry Birds Movie. SONY PICTURES VIA AP

mountains of TNT.

It's a brand with a built-in audience, a combination Hollywood finds irresistible, and while it has colourful, easily marketed characters, the game itself doesn't offer much in the way of story. But that has never stopped producers before.

Remember Super Mario Bros? Siskel & Ebert gave that one two thumbs down and star Bob Hoskins, who played Mario, called it "the worst thing I ever did."

Despite brutal reviews and box office failure, Nintendo Power magazine praised the film, calling it a trailblazer in the genre of videogame movies.

Which leads us, 23 years after Mario and his brother Luigi stunk up movie theatres, to The Angry Birds Movie. Why is a game from a developer in Espoo, just outside Helsinki, Finland, popular enough to take flight as its own movie?

The success of Angry Birds

MOVIE RATINGS by Richard Crouse

The Nice Guys ★★★★★
Angry Birds ★★★★★
High-Rise ★★★★★
The Man Who Knew Infinity ★★★★★
Dark Horse ★★★★★

HOW RATING WORKS
★★★★★ SEE IT
★★★★ WORTHWHILE
★★★ UP TO YOU
★ SKIP IT

has to do with something called schema formation, a five-dollar term for mentally grasping and embedding how the game's interface works the first time you play it.

The addictive part comes in as the action of the game changes. In Play at Work, engineer Charles L. Mauro explains the appeal.

"These little birds are

packed with clever behaviours that expand the user's mental model at just the point when game-level complexity is increased."

The game's genius is in adding playing details at just the right moment to increase user engagement.

In other words, it's fun. I guess that's why gamers spend 200 million minutes a day flinging Angry Birds at various targets.

According to marketers AYTM, that's "equal to 16 years of gameplay every hour of every day." They also note that players have flung over 100 billion angry birds, a number equal to the amount of real birds on the planet. Those are the kind of statistics Hollywood can't ignore.

One person unlikely to pass the time with Angry Birds is U.S. communications surveillance whistleblower Edward Snowden. In 2014 he claimed the app was "leaky," and was vulnerable to the harvesting of information by outside groups.

Mikael Hed, CEO of Rovio Entertainment, the makers of Angry Birds, denied Snowden's claims.

"We do not collaborate, collude, or share data with spy agencies anywhere in the world," he said, which must have come as a relief to another of the game's biggest fans, former Vice President of the United States Dick Cheney, who, apparently, also enjoys hurling a bird or two in his spare time.

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Wunderkind brushes off boos

CANNES

Surprisingly, Dolan, 27, didn't respond like a petulant child

Peter Howell
Torstar News Service

A sure sign of a mature artist is not how he or she reacts to praise, but rather to criticism.

Montreal filmmaker Xavier Dolan demonstrated this Thursday at the Cannes Film Festival, with his calm and measured reaction to the intense critical heat he's feeling here concerning his Palme d'Or contender *It's Only the End of the World*, his sixth feature and the fifth to premiere at Cannes.

Judging by the Twitter storm following Wednesday evening's press preview — which included denunciations of “pretentious,” “untold agony” and “worst film at Cannes” for its in-your-face style — and by the serious reservations expressed

even in admiring reviews of the film, you'd have thought Dolan had laid an egg of ostrich proportions on the Croisette.

You might also expect Dolan, 27, would respond like the petulant child he can sometimes seem, especially if he felt Cannes was turning against him. He's been lauded as a wunderkind and enfant terrible — both terms he hates — since he stormed the Director's Fortnight in Cannes in 2009 with *I Killed My Mother*, his auspicious debut he wrote, directed, edited and starred in. He's also competed for the Palme before, with the acclaimed *Mommy* in 2014, and sat on the Palme Jury last year.

Wrong on both assumptions. *It's Only the End of the World* deserves more applause than boos and Dolan handled press queries with considerable aplomb. Even his attire seemed more serious, a dark checked sport jacket and black T-shirt instead of the bright green suit he sported for his 2014 Palme debut.

He didn't flinch when the lead-off question from a Radio-Canada reporter zeroed right in on negative reactions to the

film.

“Well, we're in Cannes ... some films are warmly welcomed, other less so. I'm not particularly worried,” Dolan said, smiling.

“Maybe it takes a bit of time for the film to establish itself.”

Dolan called *It's Only the End of the World* “my best film,” which is the kind of thing moviemakers tend to say when a project is in trouble. Yet listening him for close to an hour discuss his motivations, surrounded by his adoring cast of A-list French actors — Marion Cotillard, Léa Seydoux, Vincent Cassel, Nathalie Baye and Gaspard Ulliel — there's no doubt he truly believed in the project.

He said the film's “suffocating atmosphere” — his words — was intended to be that way. He and cinematographer André Turpin, a regular collaborator, opted to move right in on the actors' faces to capture the high emotion of the accusations, insults and regrets hurled during a dysfunctional family gathering.

Adapting a stage play by acclaimed French playwright Jean-Luc Lagarce, who died of AIDS in 1995 at age 38, *It's*



Montreal filmmaker **Xavier Dolan** reacted calmly to criticism of his new film, *It's Only the End of the World*. HANDOUT

Only the End of the World is about a gay writer named Louis (Gaspard Ulliel), who, having learned he's suffering from a terminal illness, decides to return to the rural French hometown he quit 12 years earlier.

He wants to break the bad

news in person to his neglected family: mother Martine (Nathalie Baye), younger sister Suzanne (Léa Seydoux), older brother Antoine (Vincent Cassel) and Antoine's wife Catherine (Marion Cotillard). Louis is no longer “the master of my

life,” as he describes himself in an opening voiceover, and while he's initially greeted as the Prodigal Son, the same old family hurts and judgments that drove him away a dozen years earlier return with a vengeance.

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In *The Nice Guys* Russell Crowe is a debt collector 'with aspirations' and Ryan Gosling is a stumbling private detective. CONTRIBUTED

Crowe and Gosling nothing but Nice Guys

FILM FESTIVAL

Stars have an unlikely chemistry in Cannes comedy

The world got its first look at a hot new comedy duo last weekend in the unlikely teaming of actors Ryan Gosling and Russell Crowe at the Cannes Film Festival.

London, Ont.-born Gosling, 35, and New Zealander Crowe, 52, are both best known as dramatic actors, having come to Cannes previously in such serious films as *Drive* (Gosling) and

L.A. Confidential (Crowe).

But they had an international press audience howling twice Sunday, first at the world premiere screening of their buddy comedy *The Nice Guys* and again later at the press conference. (The film opens soon worldwide, with a May 20 release set for North American theatres.)

Gosling's March Holland and Crowe's Jackson Healy are reluctant partners in the hunt for a missing girl in the movie, which is set in the disco-mad, dangerous and decaying Los Angeles of 1977 — the opening frames show the Hollywood sign falling apart.

Holland is a stumbling private detective and Healy is "a debt



Russell gave the best explanation I've ever heard when he says, 'Chemistry? It's really quite simple. We just learned to listen to each other.'

Writer/director Shane Black on chemistry

collector with aspirations," as Crowe described his role.

Whatever you call them, the two are great as a comedy duo, bantering, bickering and crashing through windows as if they've been schticking for years, although it's their first movie together.

Before the questions began, Crowe pretended to be a paparazzi photographer, snapping

photos of Gosling and Angourie Rice, who pretended to be angry at Crowe's invasion of their privacy. Gosling and Crowe riffed about how they didn't really make *The Nice Guys* together. They said new digital cameras have a "chemistry" feature that writer/director Shane Black just clicked to make the magic happen.

"We have absolutely no con-

nection whatsoever," Crowe said mischievously.

"Russell did all of his work from New Zealand!" Gosling interrupted.

"I was literally just on the phone!" Crowe agreed.

But seriously, folks, the two really do click together on screen. Black quoted something Crowe told him during the filming.

"Russell gave the best explanation I've ever heard when he says, 'Chemistry? It's really quite simple. We just learned to listen to each other.'"

Black certainly knows chemistry, having written the first *Lethal Weapon* film that brought Mel Gibson and Danny Glover

together, and having written and directed *Kiss Kiss Bang Bang*, which memorably teamed Robert Downey Jr. and Val Kilmer.

Black is also willing to trust his actors to ad lib, if they choose to — and Gosling and Crowe took full advantage of that freedom. Said Crowe: "The great thing about Shane as a director is that although he took many years to write the script, he's not precious about it. . . ."

"He has the ability — and not everybody does — to just trust in the fact that we understand the spirit of what he intended. . . . Shane is willing and enthusiastic about letting us explore things a little bit."

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**California
2 WAYS**



A skateboarder along the waterfront in Los Angeles. PETER REMUS

A CHEAP VACATION IN THE BIG CITY ...

LOS ANGELES

In a city known for excess, you can still be budget-friendly

Loren Christie
For Metro Canada



Don't let images of glitz and glamour fool you — Los Angeles offers numerous activities for

those on a budget.

Keep your head down as you walk the Hollywood Walk of Fame searching for the names of your favourite celebrities emblazoned on one of the more than 2,500 five-pointed terrazzo and brass stars embedded into the sidewalks along Hollywood Boulevard and Vine Street.

Make sure to stop at the TCL Chinese Theater at 6925 Hollywood Blvd. The courtyard in front of the entrance is set with concrete blocks, which bear the hand and foot imprints and sig-

natures of a select number of Hollywood A-listers.

Bike along the beaches. Rent a bike from the Santa Monica Bike Center for less than \$30 a day if you present them with the discount promotion on Yelp. There are 70 kilometres of beaches to explore, starting from the Santa Monica Pier and heading south. Gawlk at the hard bodies working out at Muscle Beach, watch surfers and skateboarders do their thing against the backdrop of the Californian coast and drink in the alterna-

tive vibe of Venice Beach.

Perched on a hill overlooking the city, the Getty Center is not only an incredible art museum, but an architectural marvel and garden oasis.

Built from the fortune of oil magnate and art connoisseur J. Paul Getty, the Center is worth a half-day visit. The one-hour highlights collection tour was the best art tour I have ever been on. The docent was knowledgeable and passionate, bringing to life the stories behind works of art from Ru-

bens, Rembrandt, Manet and Van Gogh's *Irises*. Admission to the Getty is free.

Entrance to the Griffith Observatory is also free. A well-known Hollywood landmark since its movie debut in James Dean's *Rebel Without a Cause*, the observatory is worth a peek inside but the real draw is hiking the hills of surrounding Griffith Park. Bring water and snacks as you drink in superb views of the city and search out the perfect spot for a selfie with the iconic Hollywood sign.

Los Angeles is a sprawling city with limited public transportation and expensive taxis that are sometimes difficult to come by.

If you haven't downloaded Uber on your phone do it before you descend on the City of Angels.

The drivers are prompt and courteous and the fares are extremely reasonable. Every driver I had was eager to chat and provide tips on what to do, including some of the aforementioned free attractions.



EN

Live life to the f

... OR A TREK IN THE GREAT OUTDOORS

YOSEMITE

Who needs a gym when you have a national park to play in?

Kathy Buckworth
For Metro Canada



When I looked at my itinerary for California it made me a little anxious. While we would be visiting Yosemite National Park and enjoying all it had to offer, we were staying in a series of remote cabins. Cabins that didn't include a fitness centre, and outdoor terrain that didn't include a running track. How on earth was I going to get my gym fitness fix in a setting like this? I needn't have worried. I got active, in the most natural way.

Hiking: Climbing to an elevation of 8,200 feet, and gazing out over Sentinel Dome onto Yosemite Falls, makes it more than worthwhile for the five miles of hiking a trail that alternates between muddy branch-filled trails, and spring snow. Over four million visitors to Yosemite National Park can't be wrong. The toughest stair climber I've been on.

Biking: Spin class has nothing on taking a bike through Yosemite down 12 miles of paved trails. There are hills to cycle, waterfalls to ride by, and heart-stopping glimpses of climbers on the sheer rock face of El Capitan.

Fly Fishing: Fly fishing appears



A hiking trip in Yosemite will take you along tree-filled paths.

KATHY BUCKWORTH

to be a Zen and relaxing experience. This might be true if you are an experienced fisherman. But for me, hauling on hip waders and stepping into the Stanislaus River with its strong current, I found some new muscles.

The ones that stopped my boots from slipping on the river rocks, triceps and forearm as I repeatedly flicked the line into the water, and the quick dodging while trying to avoid shooting my (actual) fly and its associated hook into my face. I'm just as stressed out at yoga, myself.

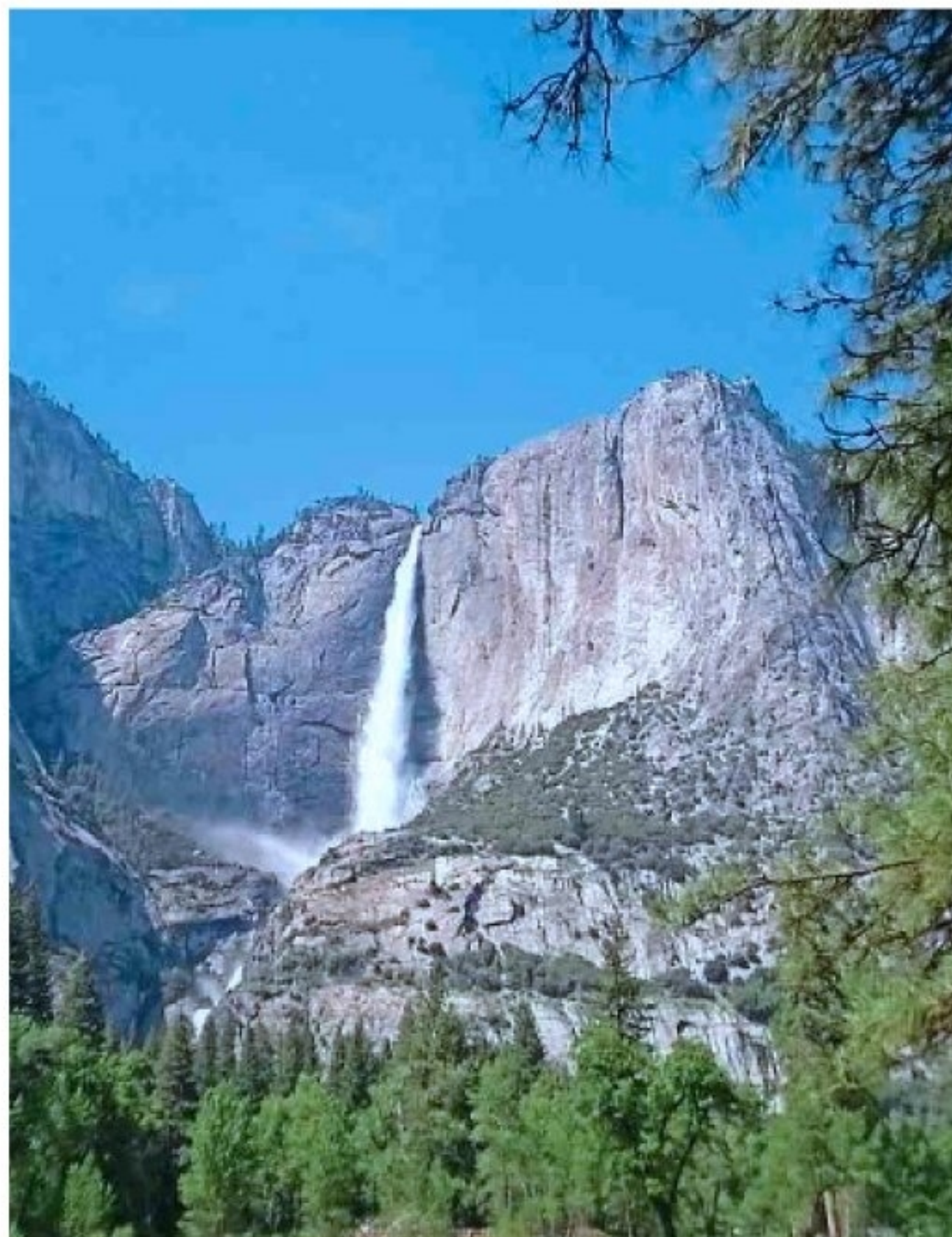
Hill Running: At a 4,000-foot elevation, my breath was not only taken away by the gor-

geous scenery at Evergreen Lodge but going for a hill run down and around the paths had me gasping for air long before I'd have felt it on the treadmill in my climate-controlled gym.

Kayaking: A real-life rowing machine. We paddled out from Pier 40 and kayaked under the Bay Bridge, and then back around AT&T Park in San Francisco Bay. Arm workout? My muscles say yes.

It was with some relief that I finished off at the Westin St. Francis in San Francisco, where I welcomed the relative ease of a 5k treadmill run. Fit it all in.

Kathy visited Tuolumne County, Mariposa County and San Francisco.



There are many scenic views of Yosemite Falls to capture. KATHY BUCKWORTH

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Cottage life made easier



It may be fun the first few days, but paddling around the lake can get boring. Theme nights will help time fly during your family vacation. ISTOCK

VACATION

How to keep the family occupied all summer long

Renting a house or cottage for a week or so with extended family or friends is an economical way to vacation while offering quality time with loved ones.

It's easy to fill your days with swimming, hikes, shopping and trips to local attractions, but there are also ways to have fun at home with themed game nights, dinners and parties.

Kristin Zerkle, 45, of Columbus, Ohio, said her family tries to involve all ages. Her parents have been vacationing with their six children in Hilton Head, South Carolina, for

about 35 years. The group now includes 25 extended family members sharing one house.

Faced with dining out with a dozen or so small children, at-home theme nights became a more appealing alternative. Her family has had a luau, pirate night, Mexican fiesta and an Ohio State tailgate, where everyone would wear their Buckeye gear.

"Time has gone on and the challenges of having all those people together on a vacation change," Zerkle said, adding that themes had to evolve to appeal to kids as they grew up. The family's younger generation now ranges in age from 7 to 26, while her parents are in their 70s. "As the kids have gotten older we have tried to make it a little more adult. We've really stepped up our game," she said.

Her family last year marked



The kids want to know way ahead of time what the theme is going to be. It's turned into something we talk about months in advance and the kids love planning it.

Kristin Zerkle

her sister and brother-in-law's 25th anniversary with a wedding reception. They decorated with wedding bells and put inflatable swans and lanterns in the pool.

Her brother put together a playlist for the "White Wedding" theme night that included songs played at the couple's wedding reception in 1990. Zerkle brought a veil and T-shirts that looked like a wedding gown and tuxedo for the couple to wear. There was a toast and a first dance.

An earlier neon-themed dance party included decor-

ating T-shirts, glow necklaces and black lights. Zerkle said involving everyone possible in the prep, planning and execution makes the theme nights a success.

"The kids want to know way ahead of time what the theme is going to be. It's turned into something we talk about months in advance and the kids love planning it," she said.

Laura Crisp, 52, of Canal Winchester, Ohio, said her family began having a theme party as a way to celebrate her now 10-year-old nephew's birthday, which falls during

their beach house vacations every other year in Holden Beach, North Carolina.

Their five families with 19 people share a house. Her nephew chooses the theme and they decorate the house to match. They've had pirates, superheroes and Hawaiian themes.

"It's just a good opportunity to decorate a house for a week with papery, fun, silly things," she said.

The adults plan games according to the theme and ages of the children, including scavenger hunts divided by age. The experience has helped them grow closer, she said.

"I just don't think you would do that silly stuff in your own house. Somehow, when you are on vacation it gives you more permission to loosen up and have that kind of fun," she said.

THE ASSOCIATED PRESS

THEME NIGHTS

Here are a few ideas to make sure that everyone keeps having a blast of a time:

• **Beach Olympics:** A flip-flop toss, water balloon toss and using a seashell to fill cups with water. Winners get plastic medals.

• **Neon night:** Decorate T-shirts with neon paint and bring glow necklaces and bracelets. A black light adds to the dance party good vibes.

• **Pirate "pub" crawl:** Hand out bandanas with a Jolly Roger pattern and souvenir cups. Turn each room of the house into a different "pub" serving kids' beverages.

• **"Parched Games":** A take on the Hunger Games series, a water balloon and squirt gun battle with the goal of capturing a hidden pirate flag without getting wet.

• **Luau:** Pack a floral shirt, wear plastic flower garlands and play ukulele music for a Hawaiian vibe at the cottage.

• **Tailgate party:** Dress in your favourite team's colours and serve tailgate food like nachos and chicken wings.

• **Iron Chef:** Form teams and provide simple—and perhaps surprising—ingredients for a cook-off. The best dish takes first place.

• **Wii bowling tournament:** Bring your Wii, give out T-shirts in team colours and serve bowling alley food. Bowling shoes are optional.

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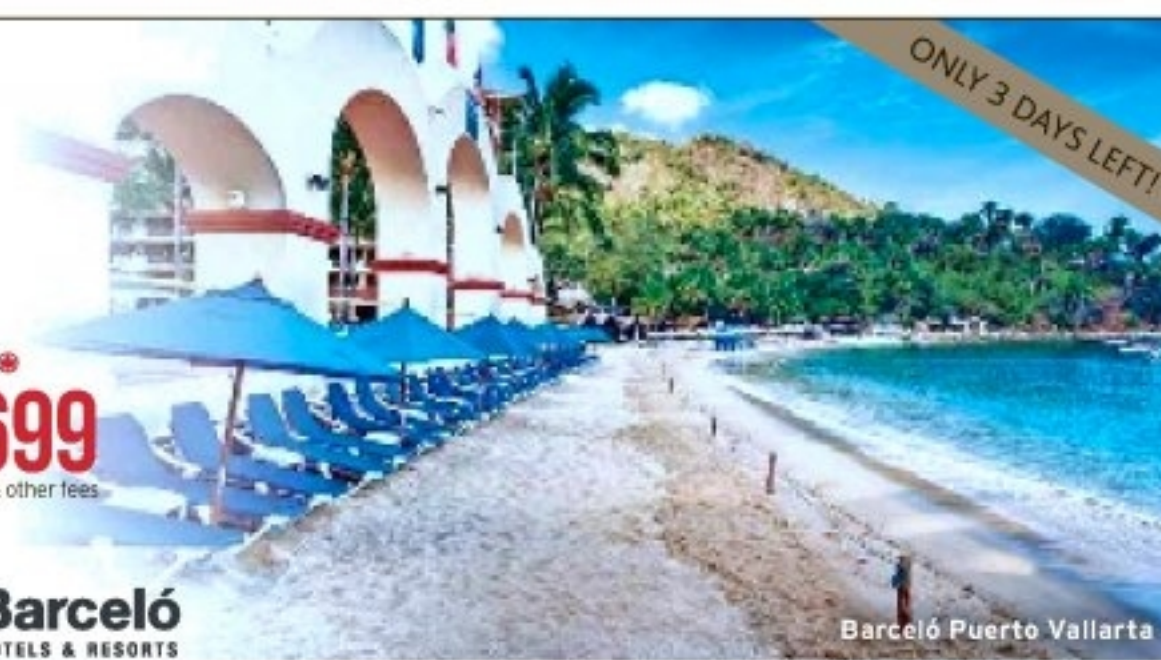
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Net gains for Connor & Co.

WORLD CHAMPIONSHIP

Swede relief as McDavid and Canadians get back on track

Canada kept its title defence alive at the world hockey championship with a 6-0 quarter-final win over Sweden.

Mark Scheifele and Mark Stone each had a goal and two assists as the Canadians rebounded from a 4-0 shutout loss in their round-robin finale against Finland on Tuesday.

The Canadians, who finished second in Group B with a 6-1 record, got back to their winning ways against the Swedes (3-2-2), who had finished in third place in Group A.

Canada will face the United States in Saturday's semifinals.

Matt Dumba, Brad Marchand, Max Domi and Derick Brassard also scored for Canada, while Cam Talbot made 24 saves for his tournament-leading third shutout.

+ FINNS FLYING

Shipachyov scores again

In earlier action on Thursday, top-ranked Finland dispatched Denmark by a score of 5-1 in St. Petersburg. In the late game in Moscow, Russia got two goals from tournament leading scorer Vadim Shipachyov on their way to a 4-1 victory over Germany.

Scheifele opened the scoring, deflecting a rippling point shot by Ryan O'Reilly over Markstrom's shoulder with 1:21 left to play in the first period.

Canada broke the game open in the second with three goals on eight shots against an unprotected Markstrom.

Dumba picked up his first goal of the tournament on the power play at 6:05 while Andre Burakovsky was serving minor and misconduct penalties for an illegal check to the head of defenceman Cody Ceci.

Marchand's third goal of the tournament at 12:02 put Canada up 3-0, prompting Swedish coach Par Marts to call time out to help his team regroup, but little-used Canadian forwards Domi and Sam Reinhart combined to put Canada up 4-0 just 11 seconds after the subsequent faceoff at centre ice.

Stone and Brassard added goals in the third.

Connor McDavid, who collected seven assists during the preliminary round, had a glorious chance to pick up his first goal of the tournament midway through the second period when he deked Swedish defenceman Adam Larsson and bore down on Markstrom, who challenged aggressively to make the save and send McDavid tumbling head-over-heels into the net.

After his first sub-par performance of the tournament against Finland on Tuesday, Talbot delivered on his promise to be better in the playoff round. THE CANADIAN PRESS



Canada's Connor McDavid, above, slides into the net as he attacks Sweden's goalie Jacob Markstrom during Thursday's quarterfinal in St. Petersburg. DMITRI LOVETSKY/THE ASSOCIATED PRESS

NHL

Penguins all about pressure

Few NHL teams have the quickness, speed, skill and depth to overwhelm the Tampa Bay Lightning, which the Pittsburgh Penguins have done through three games of the Eastern Conference finals.

Sidney Crosby, Evgeni Malkin and a talented supporting cast that includes the sizzling line of Phil Kessel, Carl Hagelin and Nick Bonino have outplayed the speedy Lightning for significant stretches of each game to gain a 2-1 lead in the best-of-seven matchup.

"When you're playing such good teams at this point, you know you can't afford to look past the game in front of you," said Crosby, who's scored the past two games after going eight straight without a goal.

Malkin assisted on Crosby's power-play goal that proved to be the winner in Game 3 on Wednesday night, Malkin's first point since Game 2 of Pittsburgh's second-round victory over Washington. While the Penguins' biggest stars were trying to get back on track, Kessel, Hagelin and Bonino heated up at precisely the right time.

"You don't win consistently without (depth). That line's been great all playoffs long," Crosby said. "You look at the way Phil's playing ... he creates so much. Haggy's got a ton of speed. And Bones is a really smart player. He works really well with those two guys. They've given us a lot of momentum."

Tampa Bay coach Jon Cooper acknowledged the line has been tough matchup. "You look at their team, Phil Kessel probably doesn't get near the respect he deserves. I mean, he's scored a ton of goals in this league. Bonino's kind of one of those underrated players. They get overshadowed by the big name guys," Cooper said. THE ASSOCIATED PRESS



Crosby's Penguins are on top form. THE ASSOCIATED PRESS

GOLF

Mickelson is fined over insider trades

Phil Mickelson has agreed to forfeit nearly \$1 million that the Securities and Exchange Commission said was unfairly earned on a tip from an insider trading scheme conducted by a former corporate director and a professional gambler.

Federal prosecutors announced criminal charges Thursday against a gambler named William Walters and a former director of Dean Foods, Thomas Davis, alleging that the pair used inside information

about the company to make millions of dollars in illicit stock trades between 2008 and 2012.

In 2012, the SEC says, Walters called Mickelson, who owed him money, and urged him to trade Dean Foods stock. Mickelson did so the next day and made a profit of \$931,000.

"Simply put, Mickelson made money that wasn't his to make," Andrew Ceresney, head of the SEC's Enforcement Division, said. THE ASSOCIATED PRESS

IN BRIEF

Muirfield sanctioned over no-women members vote

Muirfield will no longer be used as a host venue of the British Open after the Scottish club voted against admitting women as members. The Honourable Company of Edinburgh Golfers announced its decision to retain the club's male-only policy Thursday. The Royal and Ancient, which run the British Open, said Muirfield would no longer be considered as host. THE ASSOCIATED PRESS

NBA

All-Rookie honours for Towns, Porzingis

Minnesota Timberwolves forward Karl-Anthony Towns and New York Knicks forward Kristaps Porzingis have been unanimously selected to the NBA All-Rookie first team.

Both players received all 130 first-team votes from a panel of sportswriters and broadcasters in the U.S. and Canada.

Towns was the Rookie of the Year and led all rookies in scoring (18.3 points per game) and rebounding (10.5 per game). Porzingis was third

among rookies in scoring (14.3), second in rebounding (7.3) and first in blocks (1.86).

Joining Towns and Porzingis on the first team were the Phoenix Suns' Devin Booker, the Denver Nuggets' Nikola Jokic and the Philadelphia 76ers' Jahlil Okafor.

THE ASSOCIATED PRESS

Go to metronews.ca for coverage of Game 2 of the Raptors-Cavaliers Eastern finals series.

RECIPE Easy Shrimp Tacos



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

Kick off your weekend with tacos! The crema topping makes this simple recipe feel extra special.

Ready in

Prep time: 10 minutes
Cook time: 20 minutes

Ingredients

- 1 lb peeled, deveined shrimp
- 1 Tbsp olive oil
- 3 cloves of garlic, minced
- 1 tsp cumin
- 1/2 tsp chili powder
- 1/4 tsp salt
- 8 tortillas
- 3 Tbsp lime juice
- 1/4 head of red cabbage
- 2 Tbsp lime juice
- 4 Tbsp sour cream
- 2 Tbsp lime juice
- A good pinch of salt
- Sliced radishes, avocado

Directions

1. Peel and devein shrimp and

rinse under cold water. In a shallow bowl, mix oil, garlic, cumin, chili, salt and shrimp. Refrigerate for 15 minutes. Preheat oven 200 degrees. Wrap tortillas in damp paper towel, place in oven.

2. Slice the cabbage and pull into strands. Toss in a bowl with 3 Tbsp lime juice, olive oil and salt to taste. Set aside. In a bowl, mix sour cream, 2 Tbsp lime juice and a pinch of salt to make a crema. Set aside.

3. Heat a skillet to high, add a little olive oil. Add half of the shrimp. Cook until you can see pink come up around the edge. Flip them over and cook until shrimp are pink and opaque. Repeat with second batch.

4. Place shrimp, crema, tortillas, cilantro, salsa, radishes and avocado on the table and let people build their own tacos.

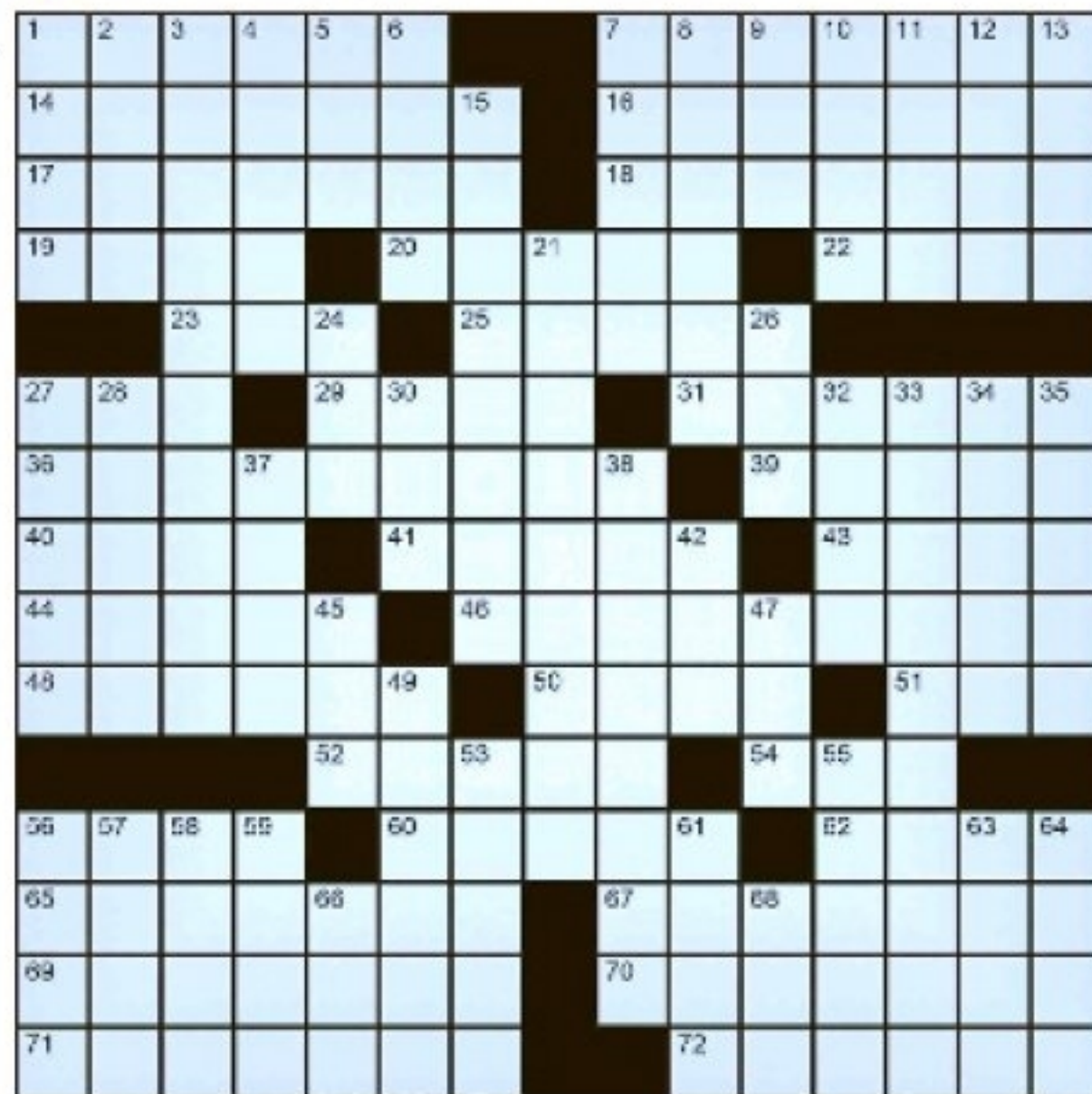
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Untagged, like a baseball player: 2 wds.
7. Newfoundland's nickname: 2 wds.
14. Cleansing
16. Danish cheese
17. 1898... "O Sole Mio": Composer, _ di Capua - Lyrics, Giovanni Capurro
18. Get tangled
19. 'Great' suffix
20. 'Murdered' mythologically
22. As well
23. Mil. rank
25. British band, when doubled
27. Blackboards bldg.
29. Bankruptcy reason
31. Nigel Lythgoe's show, commonly
36. Ontario town between Sault Ste. Marie and Sudbury
39. Documentarian Michael
40. Singer Ms. Coolidge
41. Pompous
43. Penitent person
44. Prefix to 'violet'
46. Tragically Hip's "Courage (for Hugh _)"
48. Fredericton-born soprano Ms. Brueggemosman
50. D'Urbervilles heroine
51. Baseball execs
52. Parsley bit
54. Identify
56. Slams
60. Happen again
62. Mozart opera,



_ Fan Tutte

65. Quickly dons an outfit: 2 wds.
67. Shows age, as old newspaper clippings
69. Prince _ (comic strip)
70. Marriage counselling attendees

71. Procedure

72. Swimsuits brand

DOWN

1. Undecided
2. Hosiery shade
3. Tomato-topped toasted appetizer
4. Audibly amazed
5. Knight's title

6. Finishes

7. Particular pronoun

8. Surnamesakes of "The Flintstones" co-creator

9. Pearl Jam frontman

...his initials-sharers

10. _ campaign

(Sought political office)

11. _ Roberts University, in Oklahoma

12. Middles, mini-ly

13. Li'l metric weight

15. Star of "The Fly", Jeff _

21. 1992 R.E.M. album: ' _ for the People'

24. 'Green Chair'

- Canadian banks, commonly
26. 'Pseudo' suffix
27. Play guitar in a way
28. South American country
30. Take in the takeout
32. Natalie Imbruglia hit
33. What the Canadian actor at #38-Down's last name means: 2 wds.
34. Coffee go-with
35. Actress Laura's
37. Viral outbreak in 2002/2003 headlines
38. New action comedy starring Ryan Gosling, "The _" (2016)
42. 2015-retired late night host ...his initials-sharers
45. Understanding utterances
47. Orest's opposite
49. Cooks splash protectors
53. Pays a landlord
55. "I haven't _" (Duh)
56. Invitation letters
57. Wing-like
58. Alberta village southeast of Calgary
59. _ and Span (Household cleanser)
61. Sales jobs, commonly
63. Stockholm, _
64. "This _ sudden!"
66. Encl. to an editor
68. Prune

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Your daily pace will accelerate in the next four weeks. Expect a busy schedule with short trips, errands, conversations with everyone plus increased reading, writing and studying.

Taurus April 21 - May 21
You are the financial wizard of the zodiac; in the next month, you will focus on your finances more than usual. Perhaps you'll see ways to boost your income.

Gemini May 22 - June 21
Today the Sun moves into your sign to stay for the next four weeks, boosting your energy and attracting people and favorable circumstances to you. Happy birthday month!

Cancer June 22 - July 23
Lie low for the next month and plan what you want your new year (birthday to birthday) to be all about. Plan some goals with deadlines.

Leo July 24 - Aug. 23
In the month ahead, you are in for a popular stretch! Enjoy warm friendships. Join clubs, groups and associations, because interaction with others will benefit you.

Virgo Aug. 24 - Sept. 23
You will look fabulous in the eyes of others in the next four weeks, even if you don't do anything special. Take advantage of this time to promote your pet project.

Libra Sept. 24 - Oct. 23
Travel if you can in the next four weeks because you want to get outta Dodge. If you can't travel, be a tourist in your own city.

Scorpio Oct. 24 - Nov. 22
You will be passionate and intense in the month ahead. Intimate relationships will be hot! Ex-partners are also back on the scene right now. Oops.

Sagittarius Nov. 23 - Dec. 21
Try to get more sleep in the next four weeks because you will be more tired than usual. Study your closest relationships to see how you can improve them.

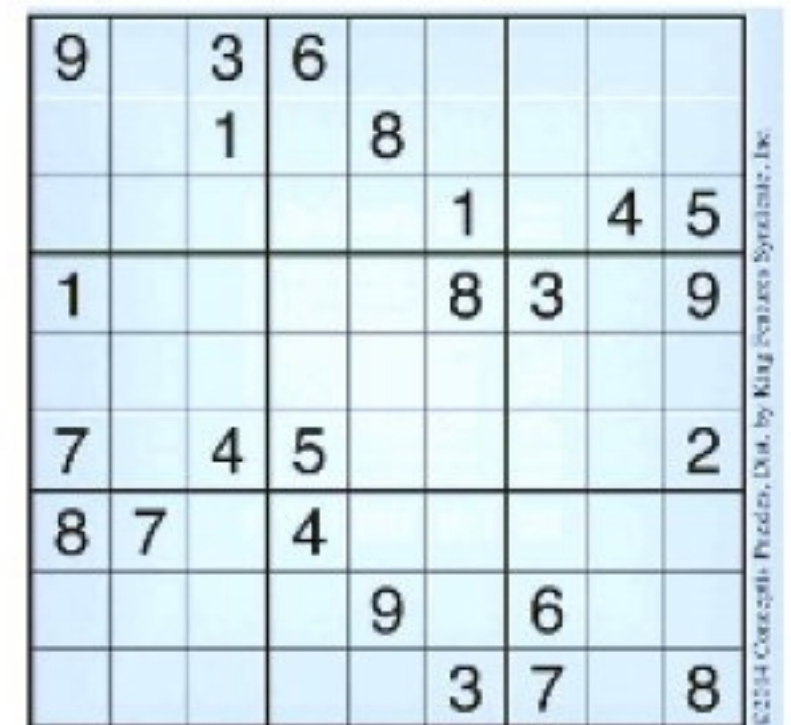
Capricorn Dec. 22 - Jan. 20
In the month ahead, you will be focused on improving your health as well as improving your overall efficiency and productivity at work and at home. Time to turn over a new leaf.

Aquarius Jan. 21 - Feb. 19
You want to play and go on vacation if you can in the month ahead. Romance, love affairs, sports events and social affairs will bring you joy.

Pisces Feb. 20 - March 20
Home, family and your personal life will be your top priorities in the next four weeks. An interaction with a parent could be significant.

CONCEPTIS SUDOKU by Dave Green

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Monday - Friday 8:30 am - 4:30 pm (subject to change)

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HSC Foundation Office (MS107): Monday - Friday 8:30 am - 4:30 pm
Thorlakson Mall: 820 Sherbrook St. Monday - Friday 9:00 am - 3 pm

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